

## Training Opportunity

### Edged Weapon Dynamics and Pistol Transitions

Hosted by: St. Paul Police Department-PDI

Location: Richard Rowan Training Facility 600 Lafayette Road N. St. Paul, MN 55130

Dates: August 6-7, 2020

Times: 0800-1700

Fee: \$199.00

To Register: [www.loukactical.com](http://www.loukactical.com)

For logistical questions contact: Sgt. Justin Miller > [justin.miller@ci.stpaul.mn.us](mailto:justin.miller@ci.stpaul.mn.us)



**Purpose:** Everyone carries one, but do you know how and when to use it? Officer self-defense with the awareness and ability to access/deploy the most appropriate/available tool while under threat to life stress is paramount. The edged weapons training systems are ideal for embedding dynamic transitions and effective movement across and throughout the spectrum of force options from de-escalation to body and intermediate weapons to firearms and weapons of opportunity.

**Primary Objectives:** This 1-day class is designed to improve the officer's over all knowledge of edged weapon selection, position, access and deployment as a tool for weapon retention and when no other self-defense options exist. The overall objective of this class is to gain proficiency in weapon retention in conjunction with extreme CQB tactics and proficiency. Learning to problem-solve in relative positions i.e. grabs both facing and rear, standing, ground, decision making & situational awareness training as well as dealing with multiple opponents and disarming principles will be reinforced through scenario based training. Officers will be educated on the various types of edged weapons, carry options including the accessibility and obstacles in each as well as awareness and mindset and the integration of edged weapons into the ballistic weapons extreme CQB functionalization and associated timelines and overall general defensive skills.

#### **Participant Requirements:**

- Full duty gear specific to job assignment/quality holster-blue or red gun if available
- Training knife if available. Instructor will supply otherwise
- Elbow and knee pads
- Mouth guard
- Water or a hydration system and simple form of carbohydrate
- Proper dress for functional training

**About LouKa Tactical:** In business since 1999 it is the largest female owned and operated company of its kind with a diverse cadre of instructors with very unique talents. Co-owner Lou Ann Hamblin retired from law enforcement having served for 22 years working uniform and training as well as undercover to include a special assignment with the DEA. She holds a master's degree in human performance technology from the University of Michigan. She specializes in training female officers and specialty units and is a certified firearms and defensive tactics instructor in a variety of disciplines. **Primary Instructor; Kali, Muay Thai, and Filipino Martial Artist Guru Diana Rathborne from Rathborne Training, LLC.** Diana has a very high level of understanding the dynamics of a close quarter engagement as a life-long student of martial arts. She has instructed nationally for over 20 years to include annual presentations at ILEETA in the area of edged weapon defense and CQB. She is well versed in a number of disciplines and will challenge every level of operator.